

What you seek for others you find for yourself.

A heart full of joy is better than a hand full of coins.

Pebbles that bring you joy are better than diamonds that bring you sorrow.

When bad things happen to you, become wiser, not bitter.

The beauty that is in you is greater than the ugliness around you.

If you go to bed angry, you have robbed yourself of a chance to wake up happy. Letting go of sorrow gives strength to carry happiness.

Letting go of anger gives strength to carry kindness. Letting go of fear gives strength to carry hopefulness. Letting go of resentment gives strength to carry gratefulness. Letting go of disappointment gives strength to carry joyfulness. Letting go of avarice gives strength to carry contentedness.

Love subtracts sorrow, divides trouble, adds blessings and multiplies joy

Happiness cannot be bought by money, cannot be acquired by degrees, cannot be realized by power, and cannot be earned by honour. It can be won by kindness, gained by charity, attained by goodness, and achieved by love.

Pleasure will make you happy for days. Wealth will make you happy for weeks. Honour will make you happy for years. Love will make you happy for a lifetime.

We are at once always alone and at the same time eternally connected. We are each on our sacred path from the moment of birth until death. Many people cross our path over the length of our lifetime. Some are with us for many years, others for a short time. Each one both a teacher and a student



JAIN CALENDAR 2024

VIR SAMVAT 2550 - VIKRAM 2080



AATHAM CHAUDAS PANCHAM BIJ AGIYARAS	Jain Festivals	Auspicious Day
---	----------------	----------------

JETH - JULY 2024 - ASHADH						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 Vad Dasam	2 Vad Agiyaras	3 Vad Baras Teras	4 Vad Chaudas	5 Vad Amas	6 Sud Ekam	7 Sud Bij
8 Sud Trij	9 Sud Trij	10 Sud Choth	11 Sud Pancham	12 Sud Chhath	13 Sud Satam	14 Sud Aatham
15 Sud Nom	16 Sud Dasam	17 Sud Agiyaras	18 Sud Baras	19 Sud Teras	20 Sud Chaudas	21 Sud Poonam
22 Vad Ekam	23 Vad Bij	24 Vad Trij Choth	25 Vad Pancham	26 Vad Chhath	27 Vad Satam	28 Vad Aatham
29 Vad Nom	30 Vad Dasam	31 Vad Agiyaras	JETH: 1 TO 05 JULY ASHADH: 06 TO 31 JULY			



CHATURMAS (Four months) starts from Ashadh Sud Chaudas – 20 July till Kartik Sud Poonam – 15 November. During Chaturmas, Jain Sadhus & Sadhvis in India stay in one place, to study, do sadhana, tapasya, give discourses to the Jain Sangh and engage themselves in Jinvani.

Jain Sadhus & Sadhvis should be in our thoughts & prayers every day.
“Namo Loe Savva Sahunam”



AUSPICIOUS DAY - KALYANAKS

Date : 12- Mahavirswami Chavan Kalyanak

Date : 14 - Neminath Nirvan Kalyanak

Date : 20 - Vasupujya Nirvan Kalyanak

Date : 22 - 20 Viharmans Bhagwans Chavan Kalyanak

Date : 24 - Shreyanshnath Nirvan Kalyanak (Vad Trij)

Date : 27 - Anantnath Chavan Kalyanak

Date : 28 - Naminath Janma Kalyanak

Date : 29 - Kunthunath Chavan Kalyanak

JAIN FESTIVAL

Date : 04 - Pakhi Pratikraman

Date : 20 - Chaumasi Chaudas | Chaturmas Starts

Date : 21 - Guru Purnima Poonam (Bhav Siddhachal Yatra)

AVOID GREEN & ROOT VEGETABLES

Date : 2 | 4 | 7 | 11 | 14 | 17 | 20 | 23 | 25 | 28 | 31

AVOID ROOT VEGETABLES

Date : 12 | 21 | 22 | 24 | 27 | 29

OTHER SIGNIFICANT DAYS

July 2024 - Plastic Free Month

Date : 01 to 14 - Wimbledon Tennis

Date : 12 - National Simplicity Day

Date : 15 - Give Something Away Day

Date : 18 - Nelson Mandela International Day

Date : 22 - World Mango Day

Date : 26 - Summer Olympic Games begins

Date : 30 - International Day of Friendship



BY
KISHOR B SHAH

